



# Whitehill Primary School

## POLICIES AND PROCEDURES

### FOOD AND DRINK POLICY

<b>Date Policy Originated/Amended</b>	<b>Date Policy Approved by WPS Governing Body</b>	<b>Signature</b>
October 2019		
November 2020	November 2020	Barbara Guess

For review by WPSLGB/Headteacher:

Next review due: November 2021

## Statement of intent

Whitehill Primary School & Nursery regards snack and meal times as an important part of the setting's session/day. Eating represents a social time for children and adults and helps children to learn about healthy eating.

## Aim

At snack time, we aim to provide nutritious food, which meets the children's individual dietary needs. We aim to meet the full requirements of The National Standards for Day Care on Food and Drink (Standard 8).

## Methods

The members of staff responsible for food and hygiene are Wendy Hollins, the kitchen manager and the supervisors/ leaders at Whitehill, they are competent to carry out these responsibilities. They have undertaken food and hygiene training and regularly update their knowledge and understanding.

- Before a child starts to attend the setting, we find out from parents their children's dietary needs and preferences, including any allergies.
- We record information about each child's dietary needs in her/his registration record and parents sign the record to signify that it is correct. A copy of all dietary requirements and food allergies are held in a file in the Food preparation area.
- We regularly consult with parents and staff to ensure that our records of their child's dietary needs - including any allergies - are up to date.
- We implement systems to ensure that children receive only food and drink that is consistent with their dietary needs and preferences as well as their parents' wishes.
- We buy our food weekly from: One of the main supermarkets/ catering providers and local family businesses.
- All snacks are prepared in the Food preparation area by a member of staff.
- We refrain from using peanuts or nut products within the school due to allergies. If any lunch boxes contain nut products, they are sent home unopened. Whitehill's staff are especially vigilant when a child/staff member is known to have an allergy to nuts.
- We require staff to show sensitivity in providing for children's diets and allergies. Staff do not use a child's diet or allergy as a label for the child or make a child feel singled out because of her/his diet or allergy.
- We use meal and snack times to help children to develop independence through making choices, serving food and drink and feeding themselves.
- We have fresh drinking water constantly available for the children during service.
- For children who drink milk, we provide whole pasteurised milk.

## Packed lunches

- Inform parents that we encourage healthy eating at Whitehill Primary School & Nursery.
- Encourage parents to provide sandwiches with a healthy filling, fruit, and milk based desserts such as yoghurt or creme fresh.
- Discourage packed lunch contents that consist largely of crisps, processed foods, sweet drinks and sweet products such as cakes or biscuits

**Note: Children are encouraged to sanitise their hands before entering the dining hall at various locations en route.**